

## LUNCH

### starters

#### PEKING DUCK EGGROLLS 13

Duck & vegetables fried in a crisp Chinese wrapper  
with blueberry dipping sauce

#### CRISPY CALAMARI 15

Lightly breaded calamari, tomato basil sauce & chipotle aioli

#### BEEF EMPANADAS 15

Flavorful beef wrapped in pastry, jicama slaw and dipping salsas

#### PRAWN & SCALLOP POT STICKERS 16

Pan-fried oriental dumplings with a ponzu dipping sauce

#### CRAB AND SHRIMP CAKES 14

Lump crab meat & shrimp, peppers & spices, breaded then grilled,  
lemon caper aioli

#### AHI TUNA POKE 16

Diced Ahi tuna seasoned with soy sauce, chili oil & scallions,  
seaweed salad

#### CALIFORNIA QUESADILLA 10

Flour tortillas griddled with Monterey Jack and cheddar cheeses,  
avocado tomatillo salsa & roasted tomato poblano salsa.

Add Chicken: \$3 / Add Shrimp: \$4

### soups & salads

#### CHEF'S SOUP OF THE DAY 7

fresh daily

#### FRENCH ONION SOUP 9

Classic onion soup with melted Swiss cheese

#### 🌿 CHOPRA DAHL 13

Organic seasoned lentils served over steamed basmati rice

#### LEGENDS WEDGE 10

Iceberg lettuce, cucumber, tomato and crumbled bleu cheese

#### TOSSED COBB SALAD 15

Chicken, bacon, egg, tomato, cucumbers, avocado and crumbled blue  
cheese, served with house made ranch dressing

#### CAESAR SALAD 10

Romaine lettuce, creamy Caesar dressing and aged Parmesan cheese

Add Chicken: \$3 / Add Shrimp: \$4

#### SPINACH SALAD 13

Baby spinach, beefsteak tomato, egg, bacon, balsamic glazed onions  
and Maytag blue cheese dressing

#### NICOISE SALAD 16

Oil poached tuna, mixed greens, French beans, Nicoise olives, eggs, caper  
berries, anchovies, tomatoes & new potatoes tossed in sherry vinaigrette

#### ASIAN CHOPPED CHICKEN SALAD 16

Napa cabbage, red cabbage, cilantro chicken, carrots, snow peas,  
green onions, and crispy wontons tossed in ginger sesame vinaigrette

### pizzas

#### BBQ CHICKEN PIZZA 16

BBQ sauce, diced chicken, smoked gouda, mozzarella, red onion & fresh cilantro

#### PEPPERONI PIZZA 16

Spicy pepperoni, tomato sauce and mozzarella

#### CHEESE PIZZA 12

Mozzarella and tomato sauce topped with fresh basil & parmesan cheese

### sandwiches

#### SOUP & 1/2 SANDWICH 12

Cup of the Soup of the Day and either the 1/2 Turkey Sandwich or  
1/2 Tuna Fish Sandwich. Substitute Onion Soup: \$4.50

#### TUNA FISH SANDWICH 12

Albacore tuna salad, sliced tomato, butter lettuce on whole wheat bread

#### GRILLED SALMON LETTUCE WRAP 16

Mango mustard glaze & coleslaw

#### LA COSTA CLUB SANDWICH 15

Smoked turkey breast, apple smoked bacon, lettuce and tomato

#### PHILLY CHEESESTEAK SANDWICH 16

Shaved beef, roasted peppers, onions and smoked provolone cheese

#### WARM CORNED BEEF REUBEN 15

Griddled with sauerkraut & Swiss cheese on rye bread with thousand island dressing

#### TURKEY & SMOKED GOUDA PANINI 15

griddled with caramelized onion & roasted peppers

#### BACON MUSHROOM BURGER 17

Char grilled eight ounce ground sirloin burger, lettuce, tomato and onion

#### BLEU CHEESE BURGER 17

Char grilled eight ounce ground sirloin burger, lettuce, tomato and onion

#### CALIFORNIA BURGER 17

Char grilled eight ounce ground sirloin burger topped with avocado and  
Monterey Jack cheese, lettuce, tomato and onion

#### TURKEY BURGER 15

Grilled onions, mushrooms and Swiss cheese, lettuce, tomato and onion

#### GRILLED PORTOBELLO SANDWICH 16

Grilled with fresh herbs, served on focaccia bread, field greens, tomato,  
grilled balsamic onions and a spicy mayonnaise

### plates

#### 🌿 RAINBOW RISOTTO 18

Creamy Arborio rice made with parmesan cheese, vegetable stock and a mix  
of arugula, spinach, celery, carrots, shallots, white beans and fresh chopped herbs.  
Finished with balsamic vinegar and tamari

#### 🌿 MEDITERRANEAN PASTA 18

Fresh pasta tossed with leeks, artichokes, asparagus, green beans, tomatoes, red Swiss  
chard, kalamata olives and fresh herbs. Finished with extra virgin olive oil and balsamic  
vinegar

#### GRILLED AHI 27

Soy ginger glazed, grilled rare, served with Asian stir fry vegetables,  
ponzu sauce & steamed rice

#### 🌿 BUTTERNUT SQUASH & GRILLED CHICKEN BREAST 18

Steamed spinach, grilled corn and cilantro

#### 🌿 TRADITIONAL INDIAN CURRY 13

Cucumber yogurt, mango chutney, Indian pickles and naan bread  
Add chicken \$5