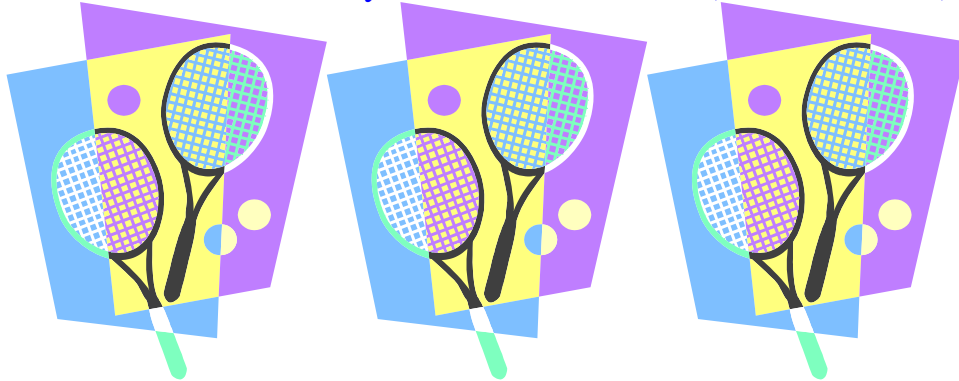


La Costa Junior Tennis Program

Winter Session, January 4 to March 25, 2010 (Twelve Weeks)



Our junior program has been in existence for only two years. During this time, we have had over 500 boys and girls enrolled in our program, and we are still growing! Armed with a top level teaching staff, La Costa incorporates a positive attitude toward each individual's development. The lessons each student learns on the court will be important lessons applicable to their future. We teach through example, by staying positive with our players and having patience with their development. Helping youngsters develop confidence is an integral part of their tennis training, as well as an important aspect of their lives.

Classes Are Available For All Skill Levels

TENNIS TOTS

Ages 4 & 5 years

Ratio 5:1

Member \$180 Non-Member \$228

Participants in the Tots class learn the fundamentals for all tennis strokes with an emphasis on FUN. Participants play games to help improve skills, and learn proper technique. Games are non-competitive, therefore, each class is a positive tennis experience.

MONDAY 3:15-4:00p WEDNESDAY 3:30-4:15p

LITTLE PROS

Ages 6 & 7 years

Ratio 8:1

Member \$180 Non-Member \$228

No tennis experience is necessary for Little Pros. Participants learn strokes, footwork, anticipation, and tennis rules. The emphasis is on building rallies, and point playing. A positive attitude, sportsmanship, and proper technique are stressed.

TUESDAY 3:30-4:30p WEDNESDAY 4:30-5:30p

ACE'S

Ages 8 to 11

Ratio 8:1

Member \$252 Non-Member \$324

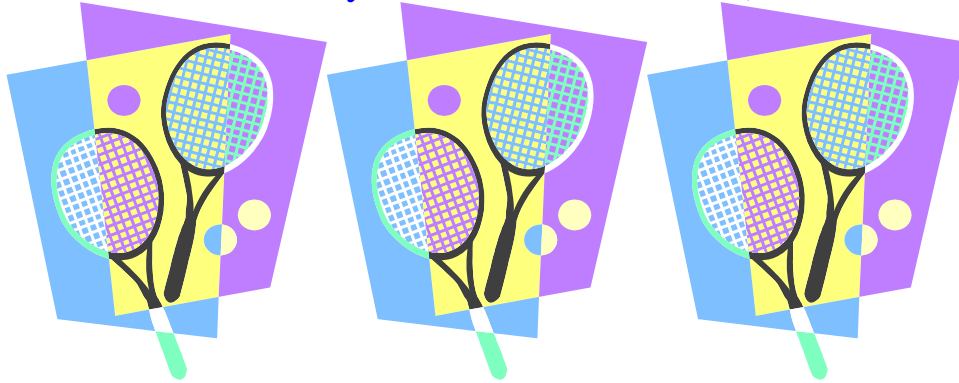
Some tennis experience is a prerequisite. Serving, forehand, backhand, volleys, and overhands are incorporated in point playing scenarios. Participants will develop consistency, and an understanding of court positioning. Students learn strategy and the importance of correctly evaluating an opponent.

WEDNESDAY 3:30-5:00p

Tennis@lacosta.com

760 931-7501

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US OPEN TRAINING **TUESDAY 4:30-6:00p** Member \$252 Non-Member \$324
Ages 8 & up. **THURSDAY 4:00-6:00p** Member \$300 Non-Member \$360

Participants learn to incorporate power and different spins into their shot making. Shot patterns, proper footwork, offensive and defensive strategy will improve through drilling, as well as, supervised match play. Participants must be proficient in match play as this is part of the program from day one. Private lessons are encouraged at this level as each individual begins to develop his or her own playing style.

**WIMBLEDON ELITE
TRAINING**
Ages 8 & up.

Member \$300 Non-Member \$360

Participants learn to incorporate power and different spins into their shot making. Shot patterns, proper footwork, offensive and defensive strategy will improve through drilling, as well as, supervised match play. Participants must be proficient in match play as this is part of the program from day one.

MONDAY 4:00-6:00p THURSDAY 4:00-6:00p